

# MARIN COUNTY ADULT DRUG COURT



## Participant Handbook

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## ***INTRODUCTION***

### **Welcome to the Marin County Adult Drug Court (ADC).**

If you are a drug-dependent or addicted adult who has been admitted to the Adult Drug Court, the Adult Drug Court team is ready to help you. While you are in the Adult Drug Court, a Judge, District Attorney, Public Defender, Probation Officer, Therapist, Case Managers and substance abuse counselors (the Drug Court Team) will maintain contact with you and each other, to monitor and assist you with the program. The ADC Program consists of 4 phases, each with a set of legal, housing, vocational, and treatment requirements to complete. The program will take you a minimum of 13 months to complete successfully. Upon completing all four (4) phases of Adult Drug Court you will be eligible to graduate and have your drug related case dismissed or jail/prison sentence stayed and probation terminated.

In the early phases of the program you will experience a great deal of structure and supervision as you begin early recovery. You will learn new skills, experience your feelings without alcohol/drugs and develop new relationships. If you have questions, **ASK** team members and/or your peers – communication with your peers will become very important in the next year of the Adult Drug Court program.

This handbook is written to help you fully understand what is expected of you and what you can expect from others in the program. Please read it carefully. Refer back to it often as you progress through Adult Drug Court. Reading and knowing the rules and expectations of Adult Drug Court will help you maintain a commitment to Adult Drug Court and to your personal journey to sobriety.

The goal of Adult Drug Court is for you to learn to live your life without alcohol and/or drugs and for you to address all the related problems associated with alcohol/drug use, especially the criminal behavior that hurt you, your family and the community.

Adult Drug Court graduates get a new lease on life and it is hoped that graduates lead a life free from substance abuse and its related negative effects.

### ***Program Description, Treatment Goals and Graduation Expectations***

The Marin County Adult Drug Court Program is a post-plea, intensively court-supervised program, which represents the most structured outpatient treatment program offered to non-violent offenders in Marin County. This is a voluntary program that includes regular court appearances before a drug court team and a Marin County Superior Court Judge. The supervision of the Adult Drug Court is based on the belief that change is possible through both intensive judicial supervision paired with substance abuse treatment. Active and sincere participation in the program will reward participants with an opportunity to turn their lives around and to create opportunities not only to improve the quality of their lives, but to maximize their successful reintegration into the community as sober and productive citizens.



## ***ADULT DRUG COURT VALUES & EXPECTATIONS***

***You are expected to comply with the following rules and practices which represent the values and expectations of the Adult Drug Court program. Non-compliance will result in a "Sanction" identified on page 7 & 8 of this Handbook.***

### ***HONESTY***

1. Answer all questions of the judge and team members truthfully and honestly.

The Judge will ask you at each court session whether you have:

- Used alcohol or other drugs since you last appeared in court;
- Have you had contact with any law enforcement officer; and,
- Tampered with and/or diluted a urine test.
- Complied with the Adult Drug Court Rules.

## ***LAWFULNESS***

1. **Obey all laws** of any jurisdiction including complying with the term(s) of probation and court orders.
2. Do not engage in any type of threat or act of violence.
3. Do not bring drugs, weapons, urine or other contraband to the courthouse or to a counseling or supportive service facility. Possession and/or use of a weapon or illicit drugs is illegal. You will be subject to search upon entering the buildings. If you have weapons or drugs in your possession, you will be subject to arrest and prosecution.
4. Do not associate with any person who is under the influence of any illegal or addictive substance (e.g. alcohol or other drugs) or engaging in addictive behavior (i.e. gambling or consuming alcohol or other illicit drugs).
5. Do not be in a gang or associate with gang members.
6. Make payments on your child support, spousal maintenance or alimony obligation(s).
7. Report all contacts with police or other law enforcement personnel to the judge.
8. Pay all fines, program fees, and make restitution as ordered by the court.

## ***RESPECT***

1. Treat all team members, staff, court personnel, and peers with respect. Arrive on time for all court dates and counseling and case management sessions and supportive services appointments.
2. Do not engage in any sexual, physical or verbal harassment of any kind.
3. Maintain the cleanliness of the courtroom, counseling facility and waiting areas. Do not bring food or drinks into the courtroom, counseling sessions, or to the case management sessions.

4. Dress appropriately for court.

### ***PROGRAM COMPLIANCE***

1. Do not consume any addictive substance (e.g. alcohol, other drugs, or non-prescribed medication) or engage in other addictive behaviors.
2. Submit to random testing for alcohol and other drugs (e.g. urine, breath, saliva, etc.) when directed to do so by a member of the Drug Court team, probation officer, or police officer, without diluting, or tampering with the test(s).
3. Appear before the Judge within 24 hours of a positive urinalysis test.
4. Obtain a team member's approval and submit to a urine test if requested before being absent from your Adult Drug Court session or treatment/counseling session. Notify the treatment provider directly if you will not be attending group. For each group missed, excused or otherwise, you will be required to attend a make-up group.
5. Do not engage in intimate or sexual relationships with another current Drug Court participant.
6. Provide to team members the brand name, dosage and name of the prescribing doctor no later than 24 hours after being prescribed medication to team members. When submitting to a urine test, provide the person administering the test with this information and a copy of the prescription.
7. If you are changing the location at which you are spending the night, notify your probation officer within 24 hours.

**The program has a 24-hour rule regarding rescheduling an appointment, whether it is an individual, family, or group.**

If you fail to attend a scheduled appointment or provide the 24-hour notice, you will be required to pay the cost of the session, (\$50.00 - \$75.00 or more per hour). If you fail to attend a group counseling session, excused or otherwise, you will be required to attend a make-up group. Your attendance at required sessions will be reviewed when considering a move to the next phase of the program.

## **Incentives**

If you comply with the Adult Drug Court rules and make excellent progress during each phase, the following types of rewards may be presented by the Judge:

- Compliments and other recognition by the judge, team, and participants;
- Applause by entire Adult Drug Court team and other participants;
- Tickets to sober activities (miniature golf, movies, zoo, etc.);
- Cell phone minutes;
- Gas cards;
- Golden Gate Bridge passes;
- Golden Gate Transit passes;
- Bay Area Rapid Transit (BART) passes;
- Golden Gate Ferry passes;
- Gift certificates (bookstores, beauty stores, music)
- Gift certificates for meals & beverages (pizza, coffee etc);
- Gift certificate for participant and family to local amusement park;
- Phase 1 "On the Road" lapel pin;
- Phase 2 "Meeting Challenges" lapel pin;
- Phase 3 "New Horizons" lapel pin;
- "Life Saver" lapel pin; and,
- Certificate of graduation from Marin County Adult Drug Court Program.

## **Sanctions**

You have legal protections to ensure that you are treated fairly during the sanction process.

The Adult Drug Court team process of deciding whether to impose a sanction is as follows: when the Team has evidence that the Marin County Adult Drug Court rules have been violated, or you have admitted such a violation, the team will decide what graduated, treatment-oriented sanction to impose. This decision occurs during

the weekly team meeting and includes possible termination from the program. The decision of the team will be made based on a vote from all team members. During the next Adult Drug Court session, (usually following the team meeting) you will be advised of the Team's decision. You may request that the team reconsider its decision and suggest alternative sanctions. After a short meeting following reconsideration, the team will render its final decision.

If you fail to comply with Adult Drug Court rules, the following types of **graduated** sanctions are available to the court and may be imposed on you:

- Be admonished by the judge;
- Write an essay;
- Explain to all Adult Drug court participants why you violated the rule and your plan of action to avoid future violations;
- Pay for positive urinalysis test and the confirmation of that test;
- Attend additional court sessions as an observer;
- Have curfew, geographic location, and or association limitations imposed;
- Complete community service hours as determined by the judge;
- Attend courses or programs and pay costs;
- Serve jail time as determined by the judge;
- Be returned to lower phase or required to repeat and/or start over existing phase;
- Be required to live in a sober living environment and pay costs;
- Be terminated from the Adult Drug Court program.

## **Rules for Writing Essays**

If the Judge has required you to write an essay on a specific topic for your next court appearance, you must comply with the following conditions:

- Essay must be of sufficient length to respond to the question and/or topic. You may not use a paper required by your treatment provider in response to the Judge's assignment.
- Essay must address the topic provided to you.
- Essay must be written by you and address the topic(s) the Judge has specified.
- Essay must be submitted on your next court date.

- ***PLAN AHEAD – DO NOT WAIT UNTIL THE NIGHT BEFORE COURT TO START YOUR ESSAY.***
- Be prepared to discuss the essay with the Judge in open court.
- If you need help with organizing your essay, ask your peers or a member of the Adult Drug Court Team.

### **Opt Out Period: Is Adult Drug Court Right for You?**

There is a 14 calendar day “opt-out” period beginning on the day that you are formally admitted to the program. During this time you may choose to discontinue participation in the Adult Drug Court program. During this same time period, the Drug Court team can remove you from the program due to noncompliance with the expectations, rules, policies, and procedures.

Having a warrant issued against you or being newly arrested can result in termination from the program and the prosecution of your pending charge(s).

## **Starting Out in Adult Drug Court: The Steps of Admission into the Program**

1. You will receive a pre-screening with the assigned Deputy Probation Officer.
2. Once interviewed and tentatively approved for the program, you will complete a formal clinical assessment with the program therapist. This assessment will be reviewed by the Adult Drug Court team for consideration of being admitted to the program.
3. After approval, you will be scheduled for an intake appointment with Center Point, where you will be attending intensive outpatient treatment services (IOP services). During this appointment further assessment of your treatment needs will take place, including an interview to help determine your treatment plan. This appointment will last about three hours.

Following your initial intake appointment, you will begin attending treatment sessions which are held every Monday, Wednesday and Friday evening from 6:00-9:00 p.m. Center Point is located at 1601 Second Street, San Rafael and their phone number is (415) 456-6655. Please *remember, you must be on time for all sessions and appointments.*

4. You will be given a date to report back to court. *You must comply with all of the conditions ordered by the judge. Failure to attend a court session will result in a warrant being issued for your arrest.* Become familiar with this handbook and review it often. Pay particular attention to the instructions on how you will be tested for drug use, and what to do when you are going to be late to court or counseling sessions. Absences from counseling sessions will not be excused.

You will be provided the phone numbers of key members of the Adult Drug Court team and other ancillary services you may need. Use the chart at the end of this manual to begin a telephone tree of your peers in the program.

## Treatment Phase Requirements

**Group Counseling Sessions:** Three hours per night (6:00 - 9:00), three nights (Monday, Wednesday, & Friday) per week *until completion* of Center Point's six month intensive outpatient program. Groups are facilitated by Center Point substance abuse counselors.

**Individual Therapy/Family Therapy:** One hour per session, 2 sessions per month in the first two phases of the program. Individual and family therapy sessions are facilitated by the Adult Drug Court therapist and focus on your underlying and contributing psychodynamic and psychosocial factors.

**Case Management Sessions:** One hour per session, two sessions per month during the first 2 phases of the program. Case Management sessions are conducted by one of Center Point's counselors and focus on the participant's level of compliance with program rules and expectations, and on educational, vocational, housing, and other factors related to long-term success. Case management sessions are not intended to be clinical in nature, but are provided in order to assist you in completing required activities and in addressing ancillary support services.

The therapist and Center Point's counselor/case manager will meet at least once each month in order to review your progress, level of participation, stumbling blocks, treatment-related needs, incentives/sanctions, positive UA tests, etc. The therapist and counselor/case manager will update the database and/or report to the Drug Court team as necessary.

**Continuing Care Group:** Two hours per session, facilitated by a Center Point counselor weekly on Tuesday nights at Center Point. Continuing care group is for those participants who have completed Center Point's intensive outpatient group and are in phase IV of the Drug Court Program, but who have not yet graduated from the program. Continuing care group focuses on relapse prevention skill development, cue extinction, development of support networks, and other long-term recovery strategies. Participants who complete the continuing care group for a minimum of sixteen weeks will be eligible for Center Point's graduate status.

Phase	GROUP THERAPY SESSIONS	INDIVIDUAL/FAMILY THERAPY	UA TEST	CASE MANAGEMENT	SELF-HELP GROUP
1	3/Wk	2/Month	3/Wk	2/Month	3/Wk
2	3/Wk	2/Month	2/Wk	2/Month	3/Wk
3	3/Wk	1/Month*	1/Wk	1/Month	3/Wk
4	<i>Continuing Care Group 1/Week</i>	1/Month & As Needed	Random	2/Month—First Three months  1/Month Last three months	3/Wk—For 1 mtg, attend with another Centerpoint member

\*As Determined by Clinical Review

### **Obtaining Permission to be Absent from Court, Family/Group/Individual Counseling Sessions**

You must call the team member you have the appointment with to get permission to be absent. Permission to be absent will **only** be granted in the case of a verified emergency and you will be required to make up the missed session. You will also be required to submit to urine testing at the time of the request. If your probation officer or case manager is unavailable to provide testing you will be asked to go to Helen Vine Detox Center for the test.

- ✎ If the urine test is positive, no permission to be absent will be granted.

Leaving a voice-mail message for the team member will NOT satisfy the requirement of obtaining the team member's approval of an absence.

## **Prescription Medication Requirement**

All participants are required to disclose to their physicians, doctors, surgeons, dentists, and nurse practitioners their status as a chemically dependent person pursuing recovery. Prior to being prescribed any controlled substance, all participants need to explore with their physician the availability of a non-narcotic or non-controlled substance to address their needs. The Adult Drug Court team and/or the Judge reserve the right to require that you provide a statement from your medical provider affirming that this dialogue occurred.

## **Self-Help Meetings**

Participants must attend self help meetings during the program. Frequent attendance is particularly important at the beginning of your recovery process to help you with the philosophy and develop trust to create social bonds with other recovering addicts. Your case manager can provide you with information regarding the time and location of self-help meetings and will also direct you to appropriate meetings and other recovery events in the county. You may choose which self-help meeting to attend, whether it is Narcotics Anonymous (NA), Alcoholics Anonymous (AA), or another. You will be required to submit proof of attendance at the beginning of each court appearance, so you must choose a self help meeting that will provide such documentation. Check the web site for a list of most self-help meetings in Marin County categorized by day of week and special features such as sexual orientation, those that are Spanish speaking, or provide child care etc.

***[www.aasf.org](http://www.aasf.org) and [www.norcalna.org](http://www.norcalna.org)***

## **Program Details**

All participants attend three group counseling sessions per week until program completion. In order to be considered for successful completion of the Adult Drug Court program, participants must first successfully complete Center Point's intensive outpatient program in its entirety.

Phase I and II participants will have two therapy and two case management sessions per month.

Phase III participants will have one therapy and one case management session per month. If the therapist or case manager recommends, and the Drug Court team agrees, the participant may be instructed to attend further sessions.

Phase IV participants will be required to attend one therapy session and two case management sessions for the first three months of Phase IV and then one monthly case management session until graduation (additional therapy sessions and case management sessions as necessary).

Participation in at least three community self-help groups per week is required during Phase I, II, III and IV of the program. You are also expected to obtain a sponsor by the end of the first month of your admission to the Adult Drug Court program. Self-help groups allow you to develop your personal support system within the community and will also support your recovery following graduation.

Throughout all phases of the Drug Court program, participants are required to have contact with their probation officer on a regular basis as determined by the Drug Court team based on the individual client.

## TREATMENT PHASES

### ***Phase 1 Treatment and Intensive Supervision (Goal: 90 days)***

*In Phase 1, the Public Defender's Office and the Probation Department will provide an orientation/overview of the Marin County Adult Drug Court Program. Your problems and needs will be assessed and the treatment design for this phase will be explained to you. You will begin attending group and individual therapy and case management sessions and you will work with the counselors to develop your initial treatment plan. Phase 1 minimum requirements include:*

1. Attend 3 group counseling sessions per week.
2. Attend 2 individual counseling sessions per month.
3. Attend 2 case management sessions per month with your substance abuse counselor.
4. Meet with your probation officer as directed.
5. Attend Court 1 time per week.
6. Attend at least 3 self-help meetings per week. Obtain a self-help meeting sponsor as soon as possible and at least by the end of the first month of your admission; have a sponsor throughout your stay in the program.
7. Submit to testing for alcohol and other drugs a minimum of 3 times per week. Tests will be random and may vary by type (e.g. urine, breath, saliva, etc.).
8. If directed, submit to a literacy, general medical, mental health, and substance abuse evaluation within 10 court days of entry into the Adult Drug Court program and bring results of evaluations to Court for review by Adult Drug Court team.

10. If unemployed, make at least two attempts daily to find full-time employment and provide proof of these efforts.
11. If you are not a high school graduate or do not have a GED, enroll in a GED program within 14 days of entering the program.

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**Phase 2**  
***Integrating Substance Abuse Treatment with Life***  
***(Goal: 60 days)***

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In Phase 2, individual counseling, group sessions, case management sessions, and meetings will focus on your identified problem areas and help you identify ways of coping with stressful situations, developing relapse prevention strategies, and improving relationships. Phase 2 minimum requirements include:

1. Attend 3 group counseling sessions per week (3 hours each).
2. Attend 2 individual counseling sessions per month.
3. Attend 2 case management sessions per month with your substance abuse counselor.
4. Meet with your probation officer as directed.
5. Attend court 2 times per month.
6. Attend at least 3 self-help meetings per week.
7. Submit to testing for alcohol and other drugs a minimum of 3 times per week. Tests will be random and may vary by type (e.g. urine, breath, saliva, etc.).

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***Phase 3***  
***Maintenance and Independent Choices***  
***(Goal: 60 days)***

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Phase 3 will address your on-going recovery needs, including pursuing the process of resolving conflicts with your parents and/or significant others, and maintaining effective recovery tools. The focus will be on relapse prevention skill development, independent daily living skills, stable housing and employment, and consistent attendance at self-help meetings. This period is designed to support you in your reintegration into the community as a productive and responsible member. Phase 3 minimum requirements include:

1. Attend 3 group counseling sessions per week (3 hours each).
2. Attend 1 individual counseling session per month.
3. Attend 1 case management sessions per month with your substance abuse counselor.
4. Meet with your Probation Officer as directed.
5. Attend Court 1 time per month.
6. Attend at least 3 self-help meetings per week.
7. Submit to testing for alcohol and other drugs a minimum of 1 time per week. Tests will be random and may vary by type (e.g. urine, breath, saliva, etc.).

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**Phase 4**  
**Integrating Recovery Needs**  
**(Minimum 180 days or 6 Months)**

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Phase 4 will address your on-going recovery needs while you use the recovery skills you have learned. During Phase 4 you have experienced less Court supervision and will be expected to demonstrate that you are internalizing change and recovery. The minimum requirements of this Phase include:

1. Attend one (1) Continuing Care Group each week. (2 Hours, currently on Tuesday evenings from 7:00 - 9:00 at Center Point)
2. Attend three (3) self-help meetings each week. For one of the meetings, attend with another Center Point group member.
3. Submit to testing for alcohol and other drugs on a random basis. Tests will be random and may vary by type (e.g. urine, breath, saliva, etc.).
4. Attend continued individual and/or family counseling during the first three months of this phase (as clinically determined by the Drug Court team).
5. Meet with your probation officer a minimum of 1 time per month.
6. For the first three months, attend case management sessions 2 times per month.  
  
For the second three months, attend 1 case management meeting per month.
7. Comply with all orders of the court and Adult Drug Court rules.

8. Meet with Dr. Teena Scovis-Weston one time per month.
9. Attend Adult Drug Court one time per month prior to your graduation to report the status of your payments on your Court and Probation fines and fees, and your Adult Drug Court program fee.
10. Develop and implement a "Community Give-Back" plan. Ideas could include community service hours, attending court one time extra per month as a support, organize an outing for the community etc. Creativity is encouraged based on your motivation and interests.

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## GRADUATION

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**CONGRATULATIONS!** Following the submission of your petition to graduate from the Adult Drug Court program you will be asked to make a presentation of at least 5 minutes to current drug court participants, your guests, the public, and Adult Drug Court personnel on any topic related to your completion of the Adult Drug Court Program. Your presentation is based on your personal experience. Examples are: what were some of the challenges for you at the beginning of the program; was there something that happened specifically when you finally "got it;" what are your dreams for the future?

If the Court accepts your petition and your presentation and you graduate from the program, the Court will either dismiss the charge(s) which qualified you for the program or stay your prison or jail sentence. *(Note: It is important for you to clarify with your attorney exactly what charge(s) are dismissed or sentences stayed.)*

## **Notice of Confidentiality, Program Fees and Available Services**

### **Confidentiality of Treatment Records and Urinalysis Results**

While participating in the Adult Drug Court program your privacy and confidentiality will be protected, as is required by Federal regulations and statutes governing substance abuse treatment (42 CFR, Part 2 & HIPAA). The Adult Drug Court steering committee and the treatment provider have developed policies and procedures that will protect your confidentiality to the fullest extent possible. (Adult Drug Court sessions are conducted in open court, allowing the public to observe. Interested members of the public will not be required to sign confidentiality waivers as this would be a violation of the public's right to attend court sessions.)

All drug court participants will be asked to sign a consent form to release confidential information allowing appropriate information to be shared among the Adult Drug Court team members. A unique identifier will be assigned each participant to enable research and evaluation activities while safeguarding his/her identity. All treatment-related documents and other forms of communication shall be maintained in a confidential manner, including those with the court file. The court file will be subject to policies and procedures that prevent public access. For treatment purposes only, the treatment progress reports will be available for legitimate Adult Drug Court team purposes. Therefore, under no circumstance shall information gained during treatment or Adult Drug Court sessions be used as evidence of a new crime, a violation of probation, or for any other purpose not directly related to treatment.

Urinalysis results will be used to assist the Adult Drug Court team to evaluate your progress and determine if you are progressing satisfactorily or whether your treatment plan needs modification. In some cases, the results of urinalysis tests will be used to determine if you should be terminated from the program. Urinalysis results will not be used as evidence of a new crime, a violation of probation, or any other purpose not directly related to treatment.

## **Program Fee**

You will be required to pay a program fee, determined on a sliding scale which will be based upon your ability to pay. The total cost can be paid in daily, weekly or monthly installments but the total must be paid at least thirty (30) days before you graduate.

Program fees range from \$1,040.00 (\$4.00 per day or \$20.00 per week) to \$12,000.00 (\$31.00 per day or \$217.00 per week).

Program fees do not include fines imposed by the court as part of your sentence. The program fee is paid to the Adult Drug Court treatment provider (Center Point) and the status of payments will be reported to the Adult Drug Court team on a regular basis. Payments will be reported to the judge as part of your regular progress report.

For those participants who are unemployed or unable to pay during the first ninety (90) days after entry into Adult Drug Court, a half hour per day or two and one half hours per week of community service at approved locations may be substituted for cash payments. This will be subject to the review and order of the judge.

Other fines and fees you will be required to pay are Court imposed. Some fines may be eligible for payment with jail credit. Others will need to be paid in full. All fines and fees must be paid in full thirty (30) days before graduation.





## Community Resources

Working with other Marin County Departments and private entities, the Adult Drug Court Team may be able to link you to resources for finding work, obtaining aid and medical services, or housing resources. Some of those resources include:

**General Assistance and Other Services.** The Marin County Department of Health and Human Services has many of its offices at **120 North Redwood Drive** (off of Smith Ranch Road).

### ***West Wing Services***

CMSP	473-3460
Food Stamps	473-3460
General Assistance (Employment and Incap)	473-3450
CalWORKS Eligibility	473-3460/3310
Medi-Cal	473-3460

### ***East Wing Services***

Marin Employment Connection	473-3300
California Employment Development	473-3300

## Directions:

### **Directions to 120 North Redwood Drive by bus**

For northbound travel use Bus #50, #70 or #80 to the Lucas Valley bus pad; for southbound travel use Bus #50, #70, #80 to the Lucas Valley bus pad.

### **Directions to SUPERIOR COURT, MARIN COUNTY CIVIC CENTER by bus**

If you are traveling *south* from Novato, take either Bus #57 or #59 (takes you directly to the Civic Center), or #70, #80 (the bus will take you to the Freeway Exit for the Civic Center on Highway 101—you must walk to the Civic Center).

***Bus # 57 or # 59 leaves Redwood & Grant, Novato, at 11:57am***

If you are traveling *north* from the Transit Center in San Rafael, take either Bus #57 or 59 (takes you directly to the Civic Center), #70 #80 (the bus will take you to the Freeway Exit for the Civic Center on Highway 101—you must walk to the Civic Center).

***Bus #57 leaves the San Rafael Transit Center at 12:22pm and arrives under the middle arch at the Marin County Civic Center at 12:36pm***

**NOTE:** Bus route numbers are subject to change without notice from the Adult Drug Court. Check schedules or contact *Golden Gate Transit* at (415) 455-2000 or TTY Equipment (415) 257-4554 to verify bus route number accuracy and availability.

### **Important Telephone Numbers**

(all numbers are 415 area code unless noted)

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**Helen Vine Detox Unit.** Call (415) 492 0818. You will be required to answer some general questions prior to entry. Helen Vine may be able to arrange transportation from central locations.

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### **Assessment Specialist, Individual and Family Counselor**

Take Bus #24 or #29 to Ash Avenue (#20 and #18 stops at College of Marin) and walk to 905 Sir Francis Drake Blvd., Suite D, Kentfield.

**Call if you are going to be late, please call: (415) 717-7497.**

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### **Center Point - Group and Individual Counseling Sessions**

If traveling west from or east towards the San Rafael Bus Depot, take either Bus #23 getting off at 4th and E Street and walk to Center Point (1601 2nd Street).

**Call if you are going to be late, please call: (415) 456-6655.**

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## **Important Telephone Numbers**

(all numbers are 415 area code unless noted)

<b>Probation</b>	<b>499-6599</b>
<b>Public Defender's Office</b>	<b>499-6321</b>
<b>District Attorney's Office</b>	<b>499-6450</b>
<b>Court</b>	<b>444-7070</b>
<b>Alano Club</b>	<b>459-9233</b>
<b>Alzheimer's Support Group</b>	<b>(707) 573-1210</b>
<b>Crime Stoppers of Marin</b>	<b>472-2746</b>
<b>Crisis Line for the Handicapped</b>	<b>(800) 426-4263</b>
<b>TDD</b>	<b>(800) 421-4327</b>
<b>General Assistance and CMSP</b>	<b>473-3450</b>
<b>Marin Abused Women's Services</b>	
<b>Hotline for women</b>	<b>924-6616</b>
<b>Spanish speaking for women</b>	<b>924-3456</b>
<b>Hotline for men</b>	<b>924-1070</b>
<b>Marin County Fellowship of AA</b>	<b>499-0400</b>
<b>Mental Health Emergencies</b>	<b>499-6666</b>
<b>Narcotics Anonymous Helpline</b>	<b>456-1292</b>
<b>Rape Crisis Center</b>	<b>924-2100</b>
<b>Suicide Prevention of Marin</b>	<b>499-1100</b>
<b>Women in Recovery</b>	<b>456-3853</b>
<b>Youth Crisis Hotline</b>	<b>(800) 448-4663</b>